Researching What to Add

citrus pectin

Wobenzyme,

https://www.amazon.com/Wobenzym-Authentic-Formula-Designed-Promote/dp/B0066572F4/ref=pd_sim_121_1?_encoding=UTF8&pd_rd_i=B0066572F4&pd_rd_r=AH1WSXE1GAG66T8847FS&pd_rd_w=U3R3F&pd_rd_wg=wmyiq&psc=1&refRID=AH1WSXE1GAG66T8847FS

Kidney: uva ursi, cranberry, rose hips, parsley, nettle, burdock, dandelion leaf

Reproductive system: maca, red raspberry leaf, red clover, white peony root

Lymph: oregon grape root, poke root, cleavers, wild indigo, Figwort, horsetail, echinacea, goldenseal

Bowel:

- constipated: senna leaf, Cascara sagrada, rhubarb root, chickweed
- diarrhea: marshmallow root, slippery elm bark, peppermint, camomile

Liver/gallbladder: dandelion root, dandelion leaf, Schisandra berries, milk thistle, gentian root, turmeric

Digestion/stomach: ginger, fennel, marshmallow root, slippery elm bark, rose hips, lotus leaf

Spleen/blood: hawthorn berries, red root, barberry

Adrenals: licorice, codonopsis root, sarsaparilla, ginseng, wild yam *sea salt is also very good at supporting adrenals

Brain: ginkgo, ashwaghandha, rosemary, peppermint, holy basil, green tea

hawthorne

lumbrokinase,

cryptolepis tincture (**woodlandessence.com**) for protozoan blood borne infection.

http://realfoodrebel.com/brendas-herbal-dewormer/

Berberine - for depression, anti-bacterial

For calcium deposits

- Garlic supplements
- Hawthorn supplements
- Nattokinase supplements
- Vitamin K

GOOD PROTOCOL list

http://www.healingwell.com/community/default.aspx?f=30&m=3676289

add caprylic acid for candida

posted 12-28-2013 07:38 PM

My lyme doctor told me to eat raw garlic or take Kyolic daily. I took Kyolic. There was no odor.

But, this was just the regular Kyolic, not immune formula or anything like that.

This was 8 1/2 -9 years ago when I was treating lyme disease. Since then, I have been symptom free, praise God!

GARLIC

http://www.mdjunction.com/forums/lyme-disease-support-forums/medicine-treatments/43791-garlic-info

Oxy colon cleanse

http://www.globalhealingcenter.com/cleansing/oxy-powder.html?a_aid=553999c2f15d0&chan=expgde&data1=oxy-powder&data2=1

Probiotics

http://www.globalhealingcenter.com/supplements/mycozil.html?a_aid=553999c2f15d0&chan=expgde&data1=mycozil&data2=b

Caprylic Acid

Artichoke leaf extract

http://www.ncbi.nlm.nih.gov/pubmed/25954317

Add ginger and artichoke leaf extract

Digestive Enzymes

https://draxe.com/digestive-enzymes/

Researching candida and GI problems

Glutathione

Bitters

Thorne's SF722 formula

L-lysine

CANDIDA

rated high!

http://www.oxygenhealingtherapies.com/my_ozone_doctor.com.html

Thanks for the good support. Am researching causes of GERD - have been treating lyme and co-infections since January - clinically diagnosed by Dr. Jones and Dr. Han (passed), IDD indicated blood work rules it out but tests sent to non-lyme lab, lyme lab shows active infection with band 41. Slow progress with this line of action treating tick infection with diet/herbs. Discovered yesterday acid reflux is on lyme symptom list. Will try this too - http://www.ncbi.nlm.nih.gov/pubmed/18072821

http://www.webmd.com/vitamins-supplements/ingredientreview-1105-LIMONENE.aspx?

http://www.webmd.com/vitamins-supplements/ingredientreview-1105-LIMONENE.aspx?drugid=1105&drugname=LIMONENE

Hiatal Hernia

http://drrind.com/_blog/Dr_Rinds_Journal/post/A_Simple_Trick_for_Natural_Treatment_of_Hiatal_Hernias/

BARTONELLA HERBS

http://www.healingwell.com/community/default.aspx?f=30&m=3606944

ADD GRAPEFRUIT SEED EXTRACT

http://healyourselfathome.com/HOW/THERAPIES/GSE.aspx

ADD Teasel

http://www.tiredoflyme.com/teasel-root.html

CORDYCEPS

Methyl B-12

Babesia herb

Magnesium

Cut out Sugar

Add sauerkraut

http://www.supremefulvic.com/distributors.php

https://vitalplan.com/ingredients

https://draxe.com/natural-strategies-to-cure-lyme-disease/

Possible causes of legs cramping.

http://www.health.harvard.edu/staying-healthy/when-walking-makes-your-legs-hurt

arthlerscorosis?

carotid arthlerscerosis with lyme

http://www.ncbi.nlm.nih.gov/pubmed/16326170

What it is

https://www.nhlbi.nih.gov/health/health-topics/topics/pad

this seems to make sense to me.